

LOCATION



Reservations can be made in person or by telephone on

(01) 230 4549 / 280 1299

24 hours notice of cancellations is required

For bookings of over one hour,

we require fifty percent deposit payable by credit card.

This is fully refundable if we receive a minimum of
24 hours notice on cancellation.



Opening hours

Mon to Fri: 10am-9pm · Sat and Sun: 10am-7pm · Bank Holidays: 10am-7pm

The Peacock Salon

HEALTH SPA & BEAUTY CLINIC

Crunch Fitness Premier, The Pavilion, Marine Road, Co. Dublin.

Telephone: (01) 230 4549 / 280 1299

Email: enquiries@crunchfitness.ie Web: www.crunchfitness.ie

The Peacock Salon

HEALTH SPA & BEAUTY CLINIC



A Special Time

*We invite you to come and experience
the ultimate in relaxation, with us at
The Peacock Salon Health
Spa & Beauty Clinic.*

*Allow yourself time out to drift away,
while being pampered by our experienced
staff, cocooned within our quite
calming ambience.*



*'Relaxation means releasing all concern and
tension
and letting the natural order of life*



Preparation for your Spa Experience

The Peacock Salon is located on the mezzanine floor of the Crunch Fitness Premier, Dun Laoghaire. The salon is a tranquil haven offering full beauty therapy and day spa services.

We want you to gain the most from your experience at The Peacock Salon, so we would like to inform you that clients who book treatments receive complimentary access for the day to our Crunch Fitness Premier Facilities. This includes full use of spa including Jacuzzi, Sauna, Steam room and free usage of the gym.

Prepare for your treatment

- If it is your first visit to The Peacock Salon for tinting, waxing or tanning we would recommend that you have a patch test 24hrs prior to your treatment.
- When having a pedicure, it is advisable to bring with you open-toed shoes or flip-flops to wear at the end of the treatment as nail polish takes a considerable amount of time to dry.
- When having a tan, loose, dark, comfortable clothing is to be worn, no tight-fitting shoes. Skin should be clean and dry with no products (perfume, body lotion deodorant etc)

Please note

- Some treatments should be avoided during pregnancy, please contact one of our therapists who will advise you.
- The Peacock Salon is a place for tranquillity therefore unwind and relax and please turn off your mobile phones.
- Providing that there are no medical problems that would stop you from doing so, a sauna before a treatment relaxes the muscles and opens the pores. The sauna is particularly effective if you suffer from stiffness of the muscles or joints or suffer from arthritis or other related conditions.
- Avoid wearing make-up to a facial treatment. Your therapist will have to remove it and that takes time away from your treatment.
- Avoid wearing jewellery to a treatment or to the Spa.
- Please remember to shower before treatments.
- If for whatever reason you are unable to make your appointment we do ask that you give us a minimum of 24 hours notice. If you are running late every effort will be made to honour your full treatment time, however this may not always be possible.
- If there is any particular treatment that you would like to experience and it is not available in The Peacock Salon, please let us know and we will do our best to accommodate where possible.

Gift vouchers are available for all treatments and are valid for 6 months after date of issue.

*All of the Treatments
are available to members
& non-members
Seven Days a week*

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Bookings and Enquiries

Tel: 01 280 1299/01 230 4549

Email: enquiries@crunchfitness.ie

Laser

TREATMENTS

Laser hair removal uses an intense beam of light which passes safely through the upper layers of the skin and targets the colour centre Melanin in the hair follicle. This process, called selective photothermolysis, causes the follicle to heat up, which disables or destroys it preventing further hair growth. The most common areas for laser hair removal treatments for women are the face, neck, bikini line, underarms, nipples, tummy line, arms and legs. We also specialise in hair removal treatments for men. The most common areas for men are the face, neck, ears, back and chest.

Laser

VEIN REMOVAL

Unightly spider veins and red blotches on the face affect millions of people. While they may not be medical emergencies, many of our patients would like to be rid of these unattractive and sometimes embarrassing distractions to their natural beauty.

Laser technology is used to deliver precise dosages of energy to each vein, with a minimal risk to the skin. During these treatments, light energy is delivered through a special handpiece to the targeted vein. The energy is then absorbed by the blood vessels. The heat/energy absorption causes a thermocoagulation (clogging) of the blood vessel. The clogged vessel is then slowly absorbed by the body.

Larger purple veins are not suitable for laser treatment. On average 1-3 treatments are required. Prices are dependent on size of the area treated. Prices start from €55 per session.



Please

NOTE

Prices are based on the size of the area being treated. Multiple treatments are necessary to achieve the best and most effective results. We recommend a minimum of 6 treatments with an interval of 4-5 weeks for face and body areas. Laser hair removal has best results with paler skin types and darker hair; however new technology means we can also effectively treat lighter hairs. Please note that fake tan and a deep natural tan will need to fade before treatments. We recommend that you don't sunbathe directly after treatments. Free consultations are available 7 days a week at The Peacock Salon.



Special CLINICAL TREATMENTS

MICRODERMABRASION



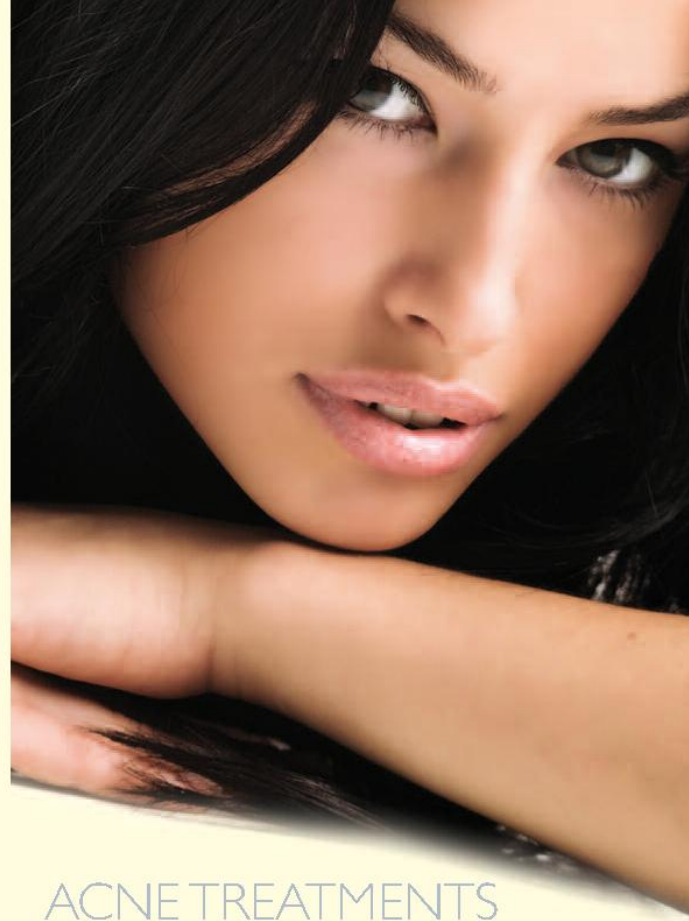
Microdermabrasion is a non-surgical, non-invasive treatment which uses crystals on the skin. Microdermabrasion has the advantage of no downtime and the results are remarkable. Microdermabrasion is ideal for aging skin, fine lines, wrinkles, brown spots/pigmentation, acne, blackheads, whiteheads, devitalized skin, dull skin, thickened skin, oily, dry or patchy skin.

Microdermabrasion with Dermalogica products 1hr 20min €120

Mini microdermabrasion with Dermalogica products 30min €50

Microdermabrasion with light therapy products 1hr 20min €140

Mini microdermabrasion with light therapy products 30min €60



ACNE TREATMENTS

Light therapy targets the bacteria that cause acne inflammation. These therapies can also improve skin texture and lessen the appearance of scars.

Microdermabrasion is a very effective treatment for reducing and controlling Acne. However, as with other acne treatments, results differ between individuals. This is because causes and types of acne vary between people. Many people who have used microdermabrasion to treat acne have found that it works almost from the first day of use.

Acne is caused by bacteria trapped under the surface of the skin by blocked pores. Microdermabrasion literally takes off the very top layer of your skin unclogging pores and allowing your skin to breathe. Also, microdermabrasion works using **crystals**. Apart from exfoliating the top layer of your skin, these crystals have anti-bacterial properties which kill the bacteria in the skin that cause the acne in the first place.

LASER HAIR REMOVAL

Body

		1 Session	6 Sessions
Full leg	1 hr 10min	€160	€840
3/4 of leg	45min	€150	€720
3/4 leg (Upper)	30min	€140	€640
3/4 leg (Lower)	30min	€120	€540
Cheeks	20min	€100	€360
Full arms	40min	€150	€690
Underarms	10min	€100	€360
Shoulder-shoulder blades	30min	€110	€420
Chest (full)	30min	€140	€650
Chest & abdomen	40min	€160	€840
Chest (small)	20min	€110	€410
Nipples only	10min	€70	€199
Back	60min	€160	€830
Upper back	30min	€160	€880
Lower back	20min	€150	€720
Stomach (small area)	20min	€90	€280
Stomach (extended area)	30min	€130	€539
Hollywood	25min	€130	€590
Brazilian bikini	20min	€110	€420
Californian bikini	15min	€110	€385
Standard bikini	10min	€100	€335
Hands	20min	€100	€299
Fingers only	10min	€70	€199
Feet	20min	€100	€299
Toes only	10min	€70	€199

Facial

		1 Session	6 Sessions
Full face & neck	40min	€160	€780
Full neck	30min	€150	€525
Neck	20min	€130	€330
Beard (male)	25min	€150	€700
Forehead	20min	€130	€270
Sides of face (male)	15min	€100	€320
Sides of face (female)	15min	€90	€268
Cheeks	20min	€95	€360
Lip and chin	15min	€100	€330
Upper lip	10min	€95	€200
Lower lip	10min	€85	€160
Chin	10min	€90	€200
Jaw line	10min	€85	€260
Nose	10min	€65	€160
Centre eyebrows	10min	€55	€130

Laser vs Waxing

While laser hair removal costs more than waxing, it also permanently reduces hair, which waxing does not. Waxing is temporary and hairs are expected to grow back. While both methods have their advantages and disadvantages, laser hair removal is the only one that offers permanent reduction in hair. The cost of Laser treatment can be more economical than waxing when multiple visits are taken into account, in addition the inconvenience of the time taken.

EXAMPLE

Bikini line laser €395

Bikini line wax (every 2 weeks) €520 over 1 year period

SAVE €125

Massage

Full body aromatherapy massage 50min €70
Essential oil blends are specially selected to suit your personal needs.

Deep tissue full body massage 50min €70
Working deeper into the muscle fibres, soothing aches and unwanted stress.

Sports massage 50min **NEW** €100
Designed to help athletes to prepare their bodies for optional performance, recover after a big event or function during training.

Back, neck & shoulders massage 30min €50
An invigorating 30 min massage.

Four hand massage 1hr €120
The ultimate body massage, two professional massage therapists working together in a rhythm to heighten your massage experience.

Hot stone massage 1hr 10min €110
Hot stone massage can be a dual purpose massage. Due to the heat of the stones it is always a highly relaxing, stress reducing massage. The hardness of the stones allows your therapist to address specific problem areas with more detailed work or deeper pressure.

Balinese massage 1hr 10min €105
A Balinese massage begins with a foot spa including a lavender foot scrub. This is followed by a full-body, deep-tissue, holistic treatment that combines acupressure, reflexology, stretching and aromatherapy to stimulate circulation, ease muscular and joint pain, and bring a sense of wellbeing, calm and deep relaxation.

Green feather aromatherapy massage 1hr 10min €80
A green feather massage is a relaxing de-stressing full body aromatherapy massage. This treatment begins with the feet soaked in a bath of rose water followed by a tension release Indian head & full body massage.

Indian head massage 30min €45
This treatment is for easing headaches, tension and sinus problems.

Therapeutic massage 1hr 30min **NEW** €100
Therapeutic massage involves the manipulation of the soft tissue structures of the body to prevent and alleviate pain, discomfort, muscle spasm, and stress; and, to promote health and wellness. It is the manipulation of muscle and connective tissue to enhance the function of those tissues and promote relaxation and well-being. Therapeutic massage can ease tension and reduce pain. Therapeutic massage can be apart of physical therapy or practiced on its own. It can also be highly effective for reducing the symptoms of arthritis, back pain, carpal tunnel syndrome, and other disorders of the muscles and/or nervous system.

Reflexology 50min **NEW** €70
A deeply relaxing and therapeutic treatment that stimulates and relieves blockages in different parts of the body by stimulating the reflex point in the foot, includes foot spa and scrub.



Mini reflexology 30min **NEW** €50
Hot towel and pressure points.

Ear candling 45min €50
This treatment offers pressure points in the head followed by the ear candling which helps clear the sinuses and offers relief from ear infection. Added to this is lymphatic drainage of face and shoulders.

Thai herbal massage 1hr 15min **NEW** €105
Uses the heated herbal compress in conjunction with Thai massage, by warming the tissues tension is eased in the muscles, induces deep relaxation and rejuvenation balancing the spirit and mind.

Thai back, neck & shoulders 30min **NEW** €50
Thai massage is more energizing and rigorous than more classic forms of massage. Thai massage is also called Thai yoga massage, because the therapist uses his or her hands, knees, legs, and feet to move you into a series of yoga-like stretches. Muscle compression, joint mobilization and acupressure are also used during treatment. Thai massage reduces stress, improves circulation, increases energy, increases flexibility, improves range of motion and centres the mind and body.

Mum-to-be massage (pregnancy massage) 55min **NEW** €60
This is a luxury 55 minute massage consisting of Swedish and therapeutic techniques. We have thought of all the comfort points to enable you to enjoy a blissful massage in a seated and side position.

All massages can be as a course of 5 with the 6th one for FREE plus 10% OFF total price

Facials

Prescriptive facial 1hr €70

This treatment is completely customised by your skin care therapist to suit your skin individual needs incorporating face mapping skin analysis. This treatment is deeply relaxing while leaving your skin refreshed and glowing.

Ultra calming (sensitive) treatment 1hr €70

If your skin is looking red, inflamed or feeling itchy, then this treatment is for you! This super soothing treatment is ideal for sensitised skin.

Acne control treatment 1hr €70

A medicated clearing treatment that targets current blemishes while helping to prevent future breakouts. Focusing on purifying your skin with deep cleansing followed by extractions, it also helps to calm sensitivity.

Dermalogica booster facial 40min €50

This facial will be customised to your individual needs. Enjoy the benefits of our award-winning facial care range.

Dermalogica multivitamin anti-aging facial 1hr 10min **NEW** €110

This is a luxurious facial that includes special exfoliation for anti-aging that brings back illumination to your skin. Followed by massage on the shoulders, neck, hands and feet.

Skin brightening treatment 1hr **NEW** €95

This treatment helps to stop uneven pigmentation. When combined with proper home care, actually regulates pigmentation on a cellular level, helping to balance the complexion.

Revitalising eye rescue 30min **NEW** €50

A masque of soothing moisturizer which helps reduce fine lines and puffy eyes.

Dermalogica microzone treatment 20min **NEW** €20

Microzone Dermalogica treatments are 20 minute zone targeted treatment solutions. These treatments are offered to address zone specific issues such as breakouts, congestion and even the need for exfoliation on your skin.

Mini facial treatment 30min €35

A facial cleans, exfoliates and facial mask is applied to target your skin type (dry, oily, combination, sensitive, mature) to promote clear and well-hydrated skin.

Dermalogica face scanning 10min **NEW** €10

The Skin Scanner is a piece of equipment that uses a Light allowing both the therapist and the client to look "beneath" or "through" the skin to reveal the full condition, thus allowing for an accurate skin analysis and prescriptive treatment to be given, in turn giving you the opportunity to achieve the perfect complexion.



Mini face lift – without surgery 45min **NEW** €60

Super thermal modelling mask, which is full of minerals and crystals. Lifts the cheeks and firms the jaw line, diminish appearance of fine lines and wrinkles.

The mask can also be applied to stimulate blood circulation and has a slimming effect.

DERMALOGICA BODY TREATMENTS

Exfoliating body scrub treatment 35min €45

This exfoliating body scrub, customised with aromatherapy essential oils, smooths away surface debris while restoring vital nutrients to tired skin.

Dermalogica sea mud wrap 45min €80

Detoxify, exfoliate and nourish your body with a purifying seaweed and mineral mud poultice sealed in a warm, relaxing wrap. Infused with aromatic, botanical extracts and fruit enzymes, this treatment will leave your skin smooth and supple.

Dermalogica food ritual 50min €50

Clean of feet, exfoliate with our EA35 that take off the dry skin and soft the callus of the feet, finish off with a masque.

Anti-aging hand treatment 40min €45

Cleans the hand, multivitamin capsule exfoliate, multivitamin masque + massage.

Head scrub & massage 50min €55

Salt scrub with dermalogica additus to clear flaky scalp and psoriasis and eczema conditions.

BODY TREATMENTS

Anti-cellulite detoxifying body wrap 45min **NEW** €50

Provides maximum firming benefits while encouraging skin to eliminate damaging toxins. Caffeine promotes micro-cellular circulation and reduces the appearance of cellulite, sea algae moisturises and softens, green coffee provides antioxidants, kaolin clay detoxifies the body by pulling toxins through the epidermal layer.

Body exfoliation and polish 30min **NEW** €30

Exfoliate dead skin cells, draws away impurities from the body and softens the skin.

Our Instore Dermalogica Product Range





Light Therapy FACIALS

A revolutionary, holistic, health and beauty treatment. It uses wave lengths of normal light. These wave lengths appear as colours and each colour has been scientifically proven to treat different conditions of the mind, body and skin.

Anti-aging facial 1hr 15min €88
Reduces the depth of wrinkles by over 80%, deep cleanses and speeds up oxygen supply antioxidant treatment. Increases natural collagen and speeds up cell renewal.

Collagen blanket €26
Reduces the appearance of fine lines and wrinkles and provides maximum hydration by wrapping the skin in a layer of soothing, moisture-rich collagen blankets.

Acne purifying treatment 1hr 15min €88
Helps to kill bacteria and corrects hormone and pH imbalance.

Sensitive skin treatment 45min €70
Repairs and protects the skin against stresses and pollutants. This treatment increases the skin's oxygen.

Vitamin C anti-aging facial 1hr 15min €88
Provides a wonderful boost for sun damaged and smokers skin.

Glycolic renewal facials 1hr 15min €90
Combining the salon treatment with homecare regime you can expect results within 3 weeks, diminish the appearance of lines, evens out discoloration, normalises oily and troubled skins, smooths out rough, thickened skin, reduces scar tissue.

Light essence sugarbutter body scrub 45min €70
This unique creamy blend, infused with natural sugar cane, shea and mango butter, gently exfoliates dead skin cells leaving the body refreshed, revitalized and oh-so-yummy smooth.

BODY

Jet Lag Treatment 35min €45
Light is able to reset the biological clock to a new cycle & so diminish the effects of jet lag.

External colonic cleansing 30min 2 session €125
Get rid of waste material which may be lodged in the colon.

Immune system booster 45min €58
Used to stimulate the thymus gland and naturally boost the immune system.

Full body detox treatment 1hr 30min 2 session €220
Includes colonic cleansing, lymphatic drainage.

Lymphatic drainage 1hr €70
This treatment is good for bad circulation and detoxifying the body. Excellent after illness or if you have been on medication.

Ampules €15 each

- A.H.A Green tea & vitamin C (especially for dry skin) the fruit acids have a soft peeling effect, stimulating skin regeneration process.
- Vitamin A, C, E & Pro-vit B5 (for mature, sallow, tired skin). Full of antioxidants, cell regeneration properties that restore the skin's youthful appearance.

Cellulite scanning – free
Cellulitis is an infection of the dermal layer of your skin. The infection may also spread to the tissue under your skin. Cellulitis more commonly occurs on your legs or arms, but can occur on any area of your body. Treatment may decrease symptoms such as swelling and pain. Treatment may also stop the infection from spreading, and cure the infection completely.



St Tropez BRONZING

Polish & shine the body so you can have an all year round tan

Full body 1hr €50

Half body (upper body or legs) 30min €40

Loose, dark, comfortable clothing is to be worn, no tight-fitting shoes.

Vita Liberata (X Factor) SPRAY TAN

Full body 20min €40

Half body 15min €25



ST TROPEZ

MEN'S BODY

Hair Removal

LASER TREATMENTS

		1 Session	6 Sessions
Full leg	1hr 10min	€160	€840
Back	60min	€160	€830
Chest & abdomen	40min	€160	€840
Upper back	30min	€160	€880
Chest (full)	30min	€140	€650
Upper leg	30min	€140	€640
Stomach (extended area)	30min	€130	€539
Lower leg	30min	€120	€540
Shoulder-shoulder blades	30min	€110	€420
Lower back	20min	€150	€720
Upper arms	20min	€120	€430
Chest (small)	20min	€110	€410
Hands and feet	20min	€100	€299
Stomach (small area)	20min	€90	€280
Toes	10min	€70	€199

FACE HAIR REMOVAL

LASER TREATMENTS

		1 Session	6 Sessions
Full neck	30min	€150	€525
Beard	25min	€150	€700
Neck	20min	€130	€330
Forehead	20min	€130	€270
Cheeks	20min	€95	€360
Sides of face	15min	€100	€320
Chin	10min	€90	€200
Jaw line	10min	€85	€260
Nose	10min	€65	€160
Centre eyebrows	10min	€55	€130



Men's TREATMENTS

MASSAGE

Men's healing back treatment 40min €49

Back exfoliation. Seaweed mask applied on back covered by plastic sheet and towel and back of legs massaged.

Back, neck & shoulders massage 30min €50 Course of 5 €210

Indian head massage 45min €55

This treatment is renowned for easing headaches, tension and sinus problems.

Balinese massage 1hr 10min **NEW** €100

Balinese massage – an interactive manipulation of the body using passive stretching and gentle pressure along energy lines. It helps increase flexibility, stimulate internal organs and balance the body's energy system.

Hot stone massage 1hr 10min **NEW** €100

Hot stone massage can be a dual purpose massage. Due to the heat of the stones it is always a highly relaxing, stress reducing massage. The hardness of the stones allows your therapist to address specific problem areas with more detailed work or deeper pressure.

Swedish massage 50min €65

Swedish massage relax muscles by applying pressure to them against deeper muscles and bones, and rubbing in the same direction as the flow. The main purpose of Swedish massage is to increase the oxygen flow in the blood and release toxins from the muscles.

It stretches the ligaments and tendons keeping them supple and pliable. It also stimulates the skin and nervous system and soothes the nerves themselves at the same time.

Deep tissue full body massage 50min €80

Working deeper into the muscle fibres, soothing aches and unwanted stress.

Sports massage 50min **NEW** €100

Designed to help athletes to prepare their bodies for optional performance, recover after a big event or function while during training.

Tension release massage 50min **NEW** €80

This is a wonderful, stress relieving massage for men on the go! It increases circulation, stretches the ligaments and tendons, keeping them supple and pliable; also stimulates the skin and nervous system and soothes the nerves themselves at the same time. Highly beneficial for unknotting those muscles after a hard day at work.

Whether you're a high-flying businessman, or a grafting builder, this amazing treatment will get rid of those aching, tense muscles.



Men's TREATMENTS

FACIAL

Dermalogica express facial for men 30min €40

This express treatment educates the client on skincare and what products would be of benefit to his individual needs, while applying products exclusive to the male care range.

Men's prescriptive facial treatments 1hr €70

Designed to treat problems specific to men's skin. Deep cleansing treatment using an exfoliating scrub to help with ingrown hairs caused by shaving. We also relieve the tension with shoulder massage.

Dermalogica booster facial 40min €50

This facial will be customized to your individual needs. Enjoy the benefits of our award-winning skin care range.

Acne control treatment 1hr €70

A medicated clearing treatment that targets current blemishes while helping to prevent future breakout activities. Focusing on purifying your skin with deep cleansing followed by extractions, it also helps to calm sensitivity.

Dermalogica multivitamin anti-aging facial 1hr 10min **NEW** €110

This is a luxurious facial that includes special exfoliation for anti-aging that brings back illumination to your skin. Followed by massage on the shoulders, neck, hands and feet.

Power regeneration treatment 1hr **NEW** €100

Dermalogica's most powerful treatment for premature aging, sun damaged & dry skin. There are immediate visible results on the skin from using the multivitamin Power exfoliant. Contour Masque is applied to leave your skin noticeably firmer, smoother & revived.

WAXING

Ear 10min €10

Nose 10min €10

Stomach 10min €12

Chest wax 30min €28

Chest & stomach 35min €38

Chest & shoulders 35min €40

Upper back (including shoulders) 30min €40

Full back for men 1hr €45

Upper back, chest and stomach 1hr €65

MANICURE·PEDICURES

Men's mani or pedi 20min €20

Manicure 1hr €40

Nails are filed and shined, hand exfoliation along with massage.

Pedicure 1hr €35

Nails are filed, foot scrub, soak, hard skin removed from heels and base of feet followed by massage.



Manicures & PEDICURES

Manicure 1hr €40
(with French) €45

Nails are filed and shined, hand exfoliation along with massage & polish.

Express file & polish 20min €20
(with French) €25

Deluxe manicure 1hr 15min €45

This treatment is to pamper your tired hands. Filed, cuticle work, scrub, masque, massage, paraffin wax and the polish of your choice.

Pedicure 1hr 15min €45
(with French) €50

Nails are filed, foot scrub, soak, hard skin removed from heels and base of feet followed by massage and polish.

Express file and polish pedicure 20min €20
(with French) €25

Deluxe pedicure 1hr 15min €50

This treatment is to pamper your tired feet. Filed, cuticle work, scrub, masque, massage, paraffin wax and the polish of your choice.

SHELLAC NAIL TREATMENTS

Say good-bye to chips, smudges, and dry time and say hello to Shellac Hybrid Nail Colour! This revolutionary product is the first hybrid nail colour that applies like polish, wears flawlessly for 14 days of high gloss shine, and is removed in minutes. Shellac manicures and pedicures resist chipping and fading and can last as long as three weeks.

Shellac file and polish 30min €30

Shellac file and polish with French 40min €35

Shellac manicure 60min €60

Shellac manicure with French 60min €65

Shellac pedicure 60min €60

Shellac pedicure with French 65min €65

Shellac removal 15min €15



Eye TREATMENTS

Eyelash tint 15min	€18
Eyebrow tint 10min	€13
Eyebrow shape 10min	€13
Eye combo (all three) 35min	€39
Revitalising eye treatment 30min	€45

A masque of soothing moisturiser which helps reduce fine lines & puffy eyes.

*****Eyelash perming** 1hr **NEW** €60

Curls your lashes like you never thought possible & enhances your look.

THREADING

Eyebrow threading 10min	NEW €15
Lip threading 10min	€15
Chin threading 15min	€15
Lip and chin threading 20min	€28
Side of the face threading 15min	€30
Neck threading 20min	€32

Waxing

Full leg 45min	€40
Half leg (upper) 30min	€28
Half leg (lower) 25min	€25
Bikini line 20min	€20
Underarm 15min	€15
Tummy line 10min	€10
Forearm (wrist to elbow) 15min	€23
Full arm 30min	€28
Lower back 10min	€13
Lip, chin or brow 10min	€13
Side of face 10min	€13
Back of upper leg 15min	€13
*Half leg & bikini line 45min	€35
*3/4 of leg & bikini line 1hr	€45
*Full leg & bikini line 1hr 10min	€55
*Full leg & Californian 1hr 15min	€65
*Full leg & Brazilian 1hr 20min	€80
*Full leg & Hollywood 1hr 30min	€85

SPECIALISED WAXING

Californian 25min	€35
Brazilian 35min	€45
Hollywood 45min	€50



Peacock *Indulging* PACKAGES

PEACOCK BRIDAL PACKAGE €188 (with Shellac additional €15)

- Half leg & bikini wax
- Manicure
- Pedicure
- Booster facial
- Eyelash tint
- Eyebrow shape
- Make-up trial

MOTHER OF THE BRIDE PACKAGE €180 (with Shellac additional €15)

- Dermalogica multivitamin anti-aging facial
- Eyelash tint
- Eyebrow shape
- Manicure
- Pedicure

HOLIDAY SPECIAL I €116 (with Shellac additional €15)

- Full body exfoliation
- Eyelash tint
- Eyebrow shape
- Express manicure
- Express pedicure

HOLIDAY SPECIAL II €99

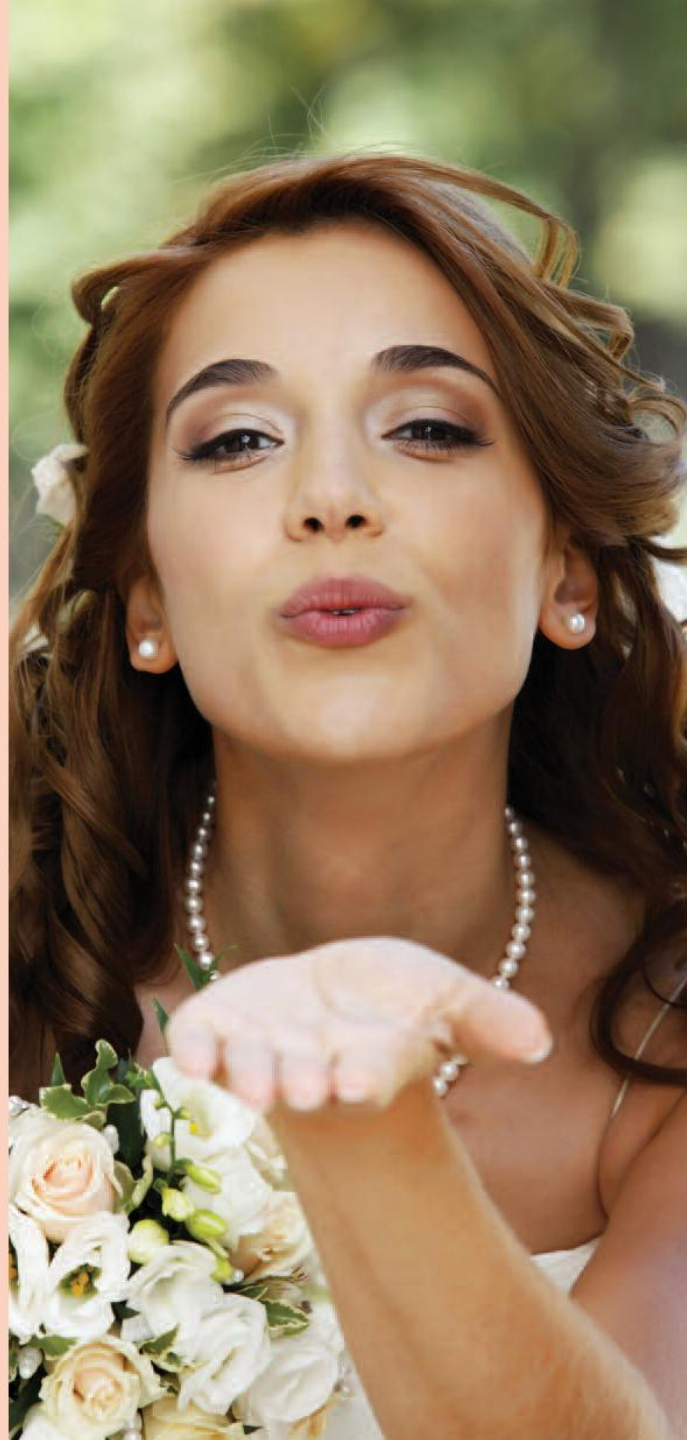
- Full leg and bikini wax
- Underarm wax
- Eyebrow shape
- Express manicure
- Express pedicure

PEACOCK DEBS PACKAGE I €64 (with Shellac additional €15)

- Spray Tan
- Express manicure
- Express pedicure

PEACOCK DEBS PACKAGE II €95 (with Shellac additional €15)

- Spray Tan
- Eye Combo
- Express manicure
- Express pedicure



PRE-OCCASION PAMPER €92

(with Shellac additional €15)

Includes use of sauna, steam room, jacuzzi and gym.

- Body exfoliation
- Full body spray tan
- Express manicure
- Express pedicure

HALF DAY SPA PACKAGES

Includes use of sauna, steam room, jacuzzi and gym.

HALF DAY SPA I 3hrs

€144

- Full body massage
- Dermalogica prescriptive facial
(including face mapping and face scanning)
- Express manicure
- Express pedicure

HALF DAY SPA II 4hrs

€199

- Dermalogica sea mud wrap
- Full body aromatherapy massage
- Enjoy a healthy fruit salad and herbal tea
- Dermalogica prescriptive facial
(including face mapping and face scanning)
- Eye Combo (eyebrow shape, eyebrow tint
& eyelash tint)

